

INTERNATIONAL SCIENTIFIC
AND PROFESSIONAL CONFERENCE
ON WRESTLING

"Applicable Research in Wrestling"

Novi Sad, Serbia, 5th - 7th May 2017

FINAL PROGRAM

Organizers:

Faculty of Kinesiology, University of Zagreb, Croatia
Faculty of Sport and Physical Education, University of Novi Sad, Serbia



Under the patronage of:



Friday May 5th 2017



Arrival in the morning/early afternoon

12:00 - 13:30 / Registration

Faculty of Sport and Physical Education, Lovćenska 16, 21000 Novi Sad

Proceedings books are available here for all participants. This time is also intended for posters set up and deliverance of ppt presentations. Feel free to ask any question here at registration desk.

13:30 - 13:40 / Opening and welcome

Assoc. Prof. Mario Baić, PhD., Chairman of Organizing Committee

Assoc. Prof. Patrik Drid, PhD., Vice chairman of Organizing Committee

Invited guests and friends of conference

Oral presentation

CHAIR PERSONS: David G. Curby, Harold Tünnemann, Bahman Mirzaei, Karninčić Hrvoje

13:40 - 13:55

Jesús Francisco Rodríguez Huertas, Cristina Casals Vázquez and Patrik Drid – invited lecture
Mitochondrial dynamic during the exercise: bioenergetic, morphometry, damage and aging

13:55 - 14:10

Hrvoje Karninčić, Mario Baić and Dražen Šprem – invited lecture

Optimal age to begin with Greco-Roman wrestling and reach peak performance – trends in cases of world-class medal winners of various weight groups

14:10 - 14:25

Mahmut Açıkan, Celal Taşkıran, Mehmet Fatih Korkmaz, Erkan Demirkan – invited lecture

Determination of foot posture distortions of wrestlers

14:25 - 14:35

Sylvia Bakalova

'Official' or 'Unofficial' were the European championships in Greco-Roman wrestling in the beginning of the 20th century

14:35 - 14:45

Georgiy Korobeynikov, Lesia Korobeinikova, Sergey Latishev, Vladimir Shackih, Victoria Mischenko

Current control for psychophysiological state of elite wrestlers during training process

15:00 - 16:30

Theoretical and practical lessons in wrestling - Sports Hall "Spens", Sutjeska 2, 21000 Novi Sad
(150 meter from Faculty of Sport and Physical Education)

(President of Refereeing Commission, **Mr. Antonio Silvestri**)

16:45 - 18:45

Round Table (Faculty of Sport and Physical Education, Lovćenska 16, 21000 Novi Sad)

Relevant topics in wrestling science - discussion and proposals (members of UWW Scientific Commission, researchers, etc.)

19:00 - 21:00

European Championship (Finals FS and LL), Sports Hall "Spens", Sutjeska 2, 21000 Novi Sad

21:15

Social event



10:00 - 12:00

Meeting of UWW Scientific Commission members
Faculty of Sport and Physical Education, Lovcenska 16, 21 000 Novi Sad

10:00 – 14:00

European Championship (Qualification Rounds and Repechage - GR),
Sports Hall "Spens", Sutjeska 2, 21000 Novi Sad

14:15 – 15:00

Conference Opening Ceremony (Faculty of Sport and Physical Education, Lovćenska 16, 21000 Novi Sad)

Assoc. Prof. Mario Baić, PhD., Chairman of Organizing Committee

Assoc. Prof. Patrik Drid, PhD., Vice chairman of Organizing Committee

Dr. David Curby, UWW Scientific Commission member and Director of International network of wrestling Research (INWR)

Prof. Dr. habil., Dr h. c. Włodzimierz Starosta, President of International Association of Sport Kinetics, Warsaw, PL

Mr. Nenad Lalović, President of United World Wrestling

Invited guests and friends of conference

15:00 - 18:30

INVITED LECTURES, ORAL AND POSTER PRESENTATIONS

CHAIR PERSONS: **Mario Baic, David G. Curby, Włodzimierz Starosta, José María López-Gullón, Patrik Drid**

15:00 - 15:15

Harold Tünnemann - invited lecturer

Technical-tactical combat behavior in the wrestling finals of the Olympic Games 2016 in comparison to London 2012

15:15 – 15:40

Włodzimierz Starosta – invited lecturer

Structure, conditions and development of "opponent's feeling" in opinion of high advanced wrestlers and athletes of selected combat sports

15:40 - 15:55

Ioannis Barbas, Erasmia Giannakou, Nikolaos Aggeloussis, Vasilios Gourgoulis– invited lecture
3D duth wrestling dummy and training

15:55 - 16:10

Mirzaei Bahman, Navid Lotfi, Lotfali Bolboli – invited lecturer

Does ambient temperature affect on exercise-induced fatigue and sustainability of repetitions in cadet wrestlers?

16:10 - 16:35

Tibor Barna & Szabolcs Molnár – invited lecturer

Sudden heart arrest at wrestling – whose responsibility is it?

COFFEE BREAK (16:35 – 16:45)

16:45 - 18:30

ORAL AND POSTER PRESENTATION

CHAIR PERSONS: **Tibor Barna, Ioannis Barbas, Goran Kasum, Celal Taşkıran**

16:45 - 17:00

David G. Curby - Invited lecture

Considerations in the establishment of weight classes for wrestling

17:00 - 17:15

José María López Gullón, Alberto Martínez Abellán, José de Calasanz Rabadán Iniesta, Cristina Casals – invited lecture

Effects of dehydration performance for cut weight in combat sports

17:15 - 17:22

Daichi Yamashita, Hiroshi Arakawa, Takahiro Wada, Kenichi Yumoto, Kotaro Fujiyama, Tomoyuki Nagami and Seshito Shimizu

Physical and anthropometric profile of international-level Japanese male freestyle wrestlers

17:22 - 17:30

Aydogan Soyguden, Osman İmamoğlu

12th world universities wrestling championship Greco-Roman style competition technical analysis

17:30 - 17:37

Cristina Casals, José María López-Gullón, Tatjana Trivic and Patrik Drid

Somatotypes and anthropometric profile of elite Serbian Greco-Roman wrestlers

17:37 - 17:45

Kristijan Slaćanac, Mario Baić, Nikola Starčević

Proposal for new regulations of unofficial weight categories in age group schoolboys

17:45 - 17:52

Roberto Roklicer, Sandra Vujkov, Valdemar Stajer, Marko Stojanović, Patrik Drid

Thermal responses in Greco-Roman wrestlers during training session

17:52 - 18:00

Valdemar Štajer, Tatjana Trivic, Roberto Roklicer, Dejan Madic, Sergej Ostojic, Patrik Drid

Conditional readiness of Serbian Greco-Roman style wrestlers

18:00 - 18:07

Osman İmamoğlu, Aydoğan Soygüden, Mehmet Türkmen

Comparison of female wrestler and female judo players weight loss situations

18:07 - 18:15

Pintos-Figueroa P.R, Carballeira-Fernández E, Dopico-Calvo X, Castro-Seoane I, Castro-Seoane N, Iglesias-Soler E

Characterization of specific effort in female wrestlers: lactacidemia, fc, vfc and perceived effort scale (BORG).

COFFEE BREAK (18:15 - 18:30)

18:30 - 19:00

POSTER PRESENTATION (each presentation will be 3-5 minutes)

CHAIR PERSONS: **Mario Baic, Włodzimierz Starosta, David G. Curby, Harold Tünnemann**

Ozkan Isik, H. Ibrahim Cicioglu, Mehmet Gul, C. Berkan Alpay

Creation of wrestling competition analysis form according to latest competition rules

Ahmet Şahin, Mehmet Gül, Ahmet Gülhan

The tradition of master-apprentice in Turkish wrestling: instance of hikmet kesen (master) - recep kara (apprentice)

Strasho Gligorov, Viktor Bogdanov

Review of research - basic and specific fitness tests for freestyle wrestlers realized in Republic of Macedonia

Włodzimierz Starosta, Elzbieta Hübner-Wozniak, Piotr Żurek

Creatine kinase activity on results coordination and physical ability tests in elite classical style wrestlers

Amir Rashidlamir, Reza Bagheri, Mohsen Akbari

Effect of two-weeks beta-alanine supplementation on plasma carnosine and lactic acid in trained-wrestlers

Grushko Alyona

The development and initial validation of the Russian version of mental toughness questionnaire

Ömer Kaynar, Mehmet Türkmen, Mehmet Gül

The investigation of aptitude test of wrestlers in Turkey

Christos Kollias, Kassis Vassileios, Anagnostou Alexandros, Soufleris Evaggelos

Wrestling as a timeless and complete educational system of physical education

Ömer Kaynar, Bora Özkan, Mehmet Türkmen, Mikail Yilmaz

Comparison of skin infections of wrestlers in different climatic regions of Turkey

Papadakis Ktistakis Ioannis, Kollias Christos, Athina-Evgenia Antonopoulou, Baggeli Eugenia

Investigating the effectiveness of the partial and traditional (total) assay in teaching learning complex technical ordinary activities in children wrestling

Amir Rashidlamir, Reza Bagheri, Mohsen Akbari

Effect of two-weeks beta-alanine supplementation on plasma carnosine and lactic acid in trained-wrestlers

Tomi Vanttinen

Strength and training profiles of top Greco-Romanian wrestlers in Finland

Mehmet Türkmen, Mehmet Gül, Mücahit Fişne

The place of wrestling and wrestlers in the Ottoman state tradition

Mehmet Türkmen, Mehmet Gül, Bilal Demirhan

An ancient sports institution of turks: the example of Ottoman wrestling tekkes

Yasin Altin, Mücahit Çiğdem, Taha Akgül, İsrail Deniz, Rahmi Yıldız

The investigation of loneliness levels of wrestlers in athletes education centers

Włodzimierz Starosta, Danuta Fostiak

Level of kinaesthetic differentiation of movement amplitude in polish national team wrestlers in various training stages

Włodzimierz Starosta, Genadij Markiewicz, Piotr Zurek

Developing coordination abilities of wrestlers by means of three kinds of body submerging

Marković Milan, Kasum Goran, Dopsaj Milivoj

Comparison of freestyle wrestlers' competitive activity on European competitions of 2013, 2014 and 2015.

Athanasios Gkrekidis, Ioannis Barbas

Psychological factors and their relation with performance in women's Olympic wrestling

18:15 - 18:30

Kazunori Iwai, Ray Takahashi, Kenichi Yumoto, Koichi Nakazato

Methodological Development of Wrestling Shuttle Test on the Mat

19:00 - 21:00

European Championship

Visit to the Finals (GR)

21:15

Social event and gala dinner



Sunday

May 7th 2017



10:00 - 11:00

ORAL PRESENTATION, CLOSING CEREMONY AND CERTIFICATION

MODERATORS: **Hrvoje Karninčić, David G. Curby, Włodzimierz Starosta, Mirzaei Bachman**

10:00 - 10:15

Włodzimierz Starosta & Andrzej Głaz

Criteria of selection of candidates for wrestling

10:15 - 10:25

Georgiy Korobeynikov, Lesia Korobeinikova, Sergey Latishev, Vladimir Shackih

The impact of emotions on visual-movement performance and effectiveness of competitive activity of elite wrestlers

10:25 - 10:35

Dragana Zanini, Patrik Drid

Applying model of individual zone of optimal functioning in Serbian wrestling national team

10:35 - 10:45

Husnija Kajmovic, Izet Rađo, Adis Kapur, Amel Mekić, Safet Kapo

Differences in performed actions of winners and defeated female cadet wrestlers in a standing position

10:45 - 10:55

Ivica Biletić, Mario Baić, Nikola Starčević, Izet Rađo, Amel Mekić

Differences between weight groups of schoolboys greco-roman wrestlers in the fitness abilities

11:00 - 11:30

Closing ceremony and certification

11:30 - 14:00

European Championship or city tour

Visit to the Qualification Rounds and Repechage (GR)

14:30

Departure

Looking forward to welcoming you at the Conference!

Assoc. **Prof. Patrik Drid**, PhD

Vice Chairman of Organizing Committee

Vice Secretary of Regional Institute of Sport and Youth

Faculty of Sport and Physical Education

University of Novi Sad, Serbia

Assoc. Prof. **Mario Baić**, PhD

Chairman of Organizing Committee

Member of the UWW Scientific Commission

Vice dean for Education and Students

Faculty of Kinesiology

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